



SAFETY TAILGATE MEETING

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Company	Chesmar Homes: San Antonio	Project	57301 - Regency Ranch		
Date	January 10, 2025	Time	11:11 AM	Conductor	Michael Riff

FALL PROTECTION METHODS

INTRODUCTION

Falls are a leading cause of serious injury and death in construction. Every year more than 350 workers are killed because of a fall from height. THAT'S ONE WORKER EACH DAY!

Group Discussion:

- Have you every experienced or seen a fall?
- What happened?
- Why did it happen?
- What can we learn from it?

In this meeting, we will discuss:

(1) THE REGULATION

(2) FALL PROTECTION METHODS

(3) CURRENT FALL EXPOSURES

THE REGULATION

While OSHA allows occasional exceptions for particular tasks, in construction an approved method of fall protection must be implemented when there is a fall exposure of 6 feet or greater.

(Note: At other specific times a personal fall system must be used. For example: when working in a boom lift).

FALL PROTECTION METHODS

Best: Elimination or Substitution – Try to accomplish the work on the ground instead of an elevated position. Or reduce the amount of time elevated. For example: Can pipe be assembled on the ground first, then raised?

Better: Passive Fall Protection - Guardrails can be installed. Ensure they can support at least 200 pounds

Good: Active Fall Restraint - Worker wears a harness. The anchor and lanyard are set up so the worker is prevented from falling.

Minimum: Active Fall Arrest - Stops a worker after they fall and before hitting a lower surface.

Important: If setting up fall protection for active fall arrest: Ensure you cannot free fall more than 6' and you cannot hit a lower surface. This involves good planning and continual evaluation of your set up.

Note: No one is to wear a harness unless they have been trained specifically in its use.

CURRENT FALL EXPOSURES

Group Discussion:

- What fall exposures currently exist on this job?
- What methods of fall protection have been chosen for each of the exposures?
- Are there any questions?

Attendees Names

Mike Riff

Attendees Signatures

N/A

CONDUCTOR SIGNATURE

A handwritten signature in black ink, consisting of three stylized, overlapping loops that resemble the letters 'M' and 'U'.

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