



# SAFETY TAILGATE MEETING

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|         |                      |         |                                  |           |              |
|---------|----------------------|---------|----------------------------------|-----------|--------------|
| Company | Concrete North, Inc. | Project | 17-050 New Natural Resources HDQ |           |              |
| Date    | July 08, 2019        | Time    | 6:47 AM                          | Conductor | Steve Passey |

## LADDER SAFETY

### INTRODUCTION

When used correctly ladders can be an effective means to access work levels and to accomplish work. However, they are also dangerous. More falls occur from ladders than any other piece of equipment. To remain safe we must use them correctly and only after being trained and authorized to do so.

#### Group Discussion:

- Have you ever experienced or seen an injury from using a ladder?
- What happened? Why did it happen?
- What can we learn from it?

In this training we will discuss:

#### (1) INSPECTING LADDERS

#### (2) USING LADDERS SAFELY

#### (3) CHOOSING THE RIGHT LADDER

### INSPECTING LADDERS

All ladders must be inspected before each use, including:

- Ensure there is no damage, lack of structural integrity, missing components or loose parts.
- The steps or rungs must be in good condition, tight and secure to the side rails.
- Ensure movable parts operate correctly.
- They must be free of oil, grease, and other slippery materials.
- All manufacturer labeling must clearly be in place.
- Only set them up in a safe area for use.

Immediately remove damaged or unsafe ladders from service and notify your supervisor.

# USING LADDERS SAFELY

## FOR SAFE USE:

- Maintain at least 3 points of contact when climbing or descending a ladder. (Two hands and a foot or two feet and a hand).
- To keep your hands free, do not carry material up or down ladders.
- Stay near the middle of the ladder, always face the ladder and never over reach.
- Only place ladders on a stable, level surface that is not slippery.
- Use barricades when necessary to keep traffic away from the ladder.
- Do not set up within 10' of a power line or use metal ladders near any electricity.
- Do not use a ladder for other than it is intended. For example, do not use a folded step ladder.
- Never climb above the top two steps of a ladder.
- **Extension ladders** are to be set up at a 4:1 pitch, extend at least 3' above the platform of access, and be secured.

# CHOOSING THE RIGHT LADDER

Never exceed the weight limit! Only use Type 1, 1A, or 1AA ladders.

| Type: | Weight Rating: | Duty Rating:                       |
|-------|----------------|------------------------------------|
| 1-AA  | 375 pounds     | Super Heavy Duty                   |
| 1-A   | 300 pounds     | Extra Heavy Duty                   |
| 1     | 250 pounds     | Heavy Duty Industrial              |
| 2     | 225 pounds     | Medium Duty                        |
| 3     | 200 pounds     | Commercial<br>Light Duty Household |

# GROUP IMAGE



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**Attendees Names**

Javier Castellanos

Robert Briscece (Concrete Nort)

Christian Cervantes (Concrete North)

Wallace Boring (Concrete North)

Tony Ramos

Cristobal Aguirre

hugo alaliz

bill mclaughlin

andres villagomes

Edgar Verdin ( Concrete North )

Eduardo Cendno Concrete North

Oswaldo Solorio Concrete North

Cynthia McGee Concrere North

Carlos Perez

Jerardo Perez (Concrete North)

Sergio Valencia (Concrete North)

Mike Tate (Concrete North)

**Attendees Signatures**

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

N/A

|                                   |     |
|-----------------------------------|-----|
| Paul Bonequi (Concrete North)     | N/A |
| Richard White (Concrete North)    | N/A |
| Jorge DeTrinidad (Concrete North) | N/A |
| Carlos Armenta (Concrete North)   | N/A |
| Saul Armenta (Concrete North)     | N/A |
| Niko Wright (Concrete North)      | N/A |
| Gerardo Perez (Concrete North)    | N/A |
| Shane Sullivan (Concrete North)   | N/A |

## CONDUCTOR SIGNATURE

A handwritten signature in black ink, appearing to be 'Saul Armenta', written in a cursive style.