



SAFETY TAILGATE MEETING

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Date	July 20, 2023	Time	6:02 AM	Conductor	Kevin Rhodes

CARBON MONOXIDE SAFETY

INTRODUCTION

Carbon monoxide (CO) poses a serious threat to individuals both at home and on the job. According to the CDC, each year more than 400 Americans die from unintentional CO poisoning not linked to fires, more than 20,000 people visit the emergency room, and more than 4,000 people are hospitalized. CO poisoning is the leading cause of poisoning deaths in the US. Carbon monoxide is an invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely.

In this meeting, we will discuss

(1) Symptoms of Carbon Monoxide Poisoning

(2) General Safety Tips

(3) Reminders for Away from Work

SYMPTOMS OF CARBON MONOXIDE POISONING

- Weakness
- Dizziness
- Nausea or vomiting
- Shortness of breath
- Confusion
- Blurred vision
- Loss of consciousness

If you or people around you are experiencing these symptoms it is important to get them and yourself out of the area. Being exposed to CO for an extended amount of time can cause irreversible brain damage and eventually death.

GENERAL SAFETY TIPS

- In general, it is best if fueled powered equipment is not used indoors
- If they must be used indoors, there must be good planning, including proper ventilation and CO monitors in place.

REMINDERS FOR AWAY FROM WORK

Avoid the situations mentioned above. Have gas-burning appliances and heaters regularly inspected by a professional to ensure there are no issues with using them in the home. Install carbon monoxide alarms on each floor of a building or home. Test the alarms at least once a month and replace them according to the manufacturer's guidelines. People who are asleep or are intoxicated are very susceptible to CO poisoning and alarms are the only chance to alert them to danger before it is too late.

Group Discussion:

What Carbon Monoxide Exposures do we face with our work?

Attendees Names

Jacob Freitas

Nicholas Newmark

Attendees Signatures

N/A

N/A

CONDUCTOR SIGNATURE

A handwritten signature in black ink, appearing to be 'K. M.' or similar, located in the upper left quadrant of the page.

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